

Mensa Furtwangen

	Monday 22.04.	Tuesday 23.04.	Wednesday 24.04.	Thursday 25.04.	Friday 26.04.
Schneller Teller Studierende, Schüler 2,10 € Beschäftigte 3,85 € Gäste 5,70 €	Risoni Noodle Salad Bread Roll 5	Sausage Salad Bread Roll 6,ri,3,5,sch,8,9	Arabian Salad Bread Roll 5,o,bio	Organic Couscous French Roasted Vegetables bio,o	Rice Pudding Fruit Compote
Essen 1 Studierende, Schüler 3,35 € Beschäftigte 5,00 € Gäste 7,90 €	Soy Cubes Vegetable Sauce Bulgur Side Salad or Regional Apple	Oriental Potato and Vegetable Stirfry Herb Sauce Side Salad or Regional Apple	Ruccola and Sweet Potato Slices Herb Sauce Vegetable Rice Side Salad or Regional Apple	Parsnip-Turnip Hash Browns White Sauce Mixed Vegetables Side Salad or Regional Apple	Vegetable Paella Gravy Side Salad or Regional Apple
Essen 2 Studierende, Schüler 3,35 € Beschäftigte 5,00 € Gäste 7,90 €	Arabian Mixed Meat Vegetable Stir-Fry Hash Brown Slices Side Salad or Regional Apple ri	Roast Pork Gravy Swabian Pasta Side Salad or Regional Apple sch	Chicken Breast Fillet Pepper Sauce Potato and Wild Garlic Puree Side Salad or Regional Apple 5	Panfried Chicken Breast Fillet Mango Curry Dip Chips Side Salad or Regional Apple 18	Spaghetti Frutti di Mare Grated Hard Cheese Side Salad or Regional Apple

 vegetarisch

 vegan

 auf Wunsch vegan

641 Kennzeichnungen: alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 3: with flavor enhancers, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 8: with phosphates, 9: with sweeteners, 18: containing a source of phenylalanine