

# Mensa Furtwangen

	Monday 22.01.	Tuesday 23.01.	Wednesday 24.01.	Thursday 25.01.	Friday 26.01.	Saturday 27.01.
<b>Schneller Teller</b> Students, scholars: 1,65 € Staff: 2,80 € Guests: 3,20 €	● Lentil Stew Bread Roll Dessert	● Vegetable Noodle Stew Bread Roll	● Savoy Cabbage Stew Bread Roll Dessert	● Potato-Carrot-Chickpea-Stew Bread Roll	● Soup of the Day Pancakes with Quark Filling Cherry Compote Dessert	/
<b>Essen 1</b> Students, scholars: 2,80 € Staff: 3,80 € Guests: 5,10 €	● Soup of the Day Vegetable Gnocci Stirfry Cheese and Chive Sauce Endive Radish Salad Dessert	● Soup of the Day Vegetable Bake Herb Sauce Bulgur with Cougette and Tomato Mixed Salad	● Soup of the Day Egg Omelette with Tomato and Cheese Creamy Potatoes Lamb's Lettuce Dessert	● Soup of the Day Millet Patty Herby Rice Mediterranean Vegetables White Cabbage Salad	● Soup of the Day Vegetable Filo Pastry Tomato and Sour Cream Sauce Mixed Salad Dessert	/
	4			5	4,6	
<b>Essen 2</b> Students, scholars: 2,80 € Staff: 3,80 € Guests: 5,10 €	Soup of the Day Paella with Poultry and Shellfish Endive Radish Salad Dessert	Soup of the Day Farmer Sausage Gravy Roast Potatoes Beans with bits of Bacon, Mixed Salad	Soup of the Day Beef and Mushroom Goulash Swabian Pasta Lamb's Lettuce Dessert	Soup of the Day Panfried Turkey Escalope Gravy Chips White Cabbage Salad	Soup of the Day Salm on Lasagna Mixed Salad Dessert	/
		1,5,6,8,15		2,7,15	5	

● vegetarian      ■ vegan      ▣ vegan by request

**Additives labelling:** MSC: from sustainable fisheries, 1: with pork, 2: with alcohol, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners, 15: with beef