

Mensa Furtwangen

	Monday 16.07.	Tuesday 17.07.	Wednesday 18.07.	Thursday 19.07.	Friday 20.07.	Saturday 21.07.
Schneller Teller Students, scholars: 1,65 € Staff: 2,80 € Guests: 3,20 €	Soup of the Day Pasta Salad Bread Roll 5 Sn,Sf,Gl,GIW,GIR,GIG	Soup of the Day Macaroni Tomato Sauce Ei,Gl,GIW	Soup of the Day Chinese Vegetables Basmati Rice Sn,Gl,GIW,GIG	Soup of the Day Fish Fingers MSC Potato Salad 5,MSC Sn,Fi,Sf,Gl,GIW	Soup of the Day Hash Brown Slices Apple Puree 5	/
Essen 1 Students, scholars: 2,80 € Staff: 3,80 € Guests: 5,10 €	Soup of the Day Tuscan Vegetable Ragout Greek Cheese Long Grain Rice Leaf Salad with Cucumber Gl,GIW,ML,Lak	Soup of the Day Vegetable Balls Creamy Mushroom Sauce Macaroni Mixed Salad Ei,So,Gl,GIW,GIG,ML,Lak	Soup of the Day Nanjing Style Puff Pastry Sweet and Sour Chilli Sauce Glass Noodles Leaf Salad 5,9 Sn,Se,Sf,Gl,GIW	Soup of the Day Vegetable Lasagna with Olives and Curd Cheese Mixed Salad Ei,So,Se,Gl,GIW,ML,Lak	Soup of the Day Yeast Dumpling Vanilla Sauce Cherry Compote Dessert Ei,Gl,ML,Lak	/
Essen 2 Students, scholars: 2,80 € Staff: 3,80 € Guests: 5,10 €	Soup of the Day Hungarian Style Beef Goulash Fusilli Pasta Leaf Salad with Cucumber Dessert 2,15 Ei,Gl,GIW,GIG	Soup of the Day Gnocchi Pasta Salsiccia Mixed Salad Ei,Gl,GIW,ML	Soup of the Day Turkey and Chinese Cabbage Stirfry Long-Grain Wild Rice Leaf Salad Dessert 5,7,9 So,Sn,Se,Sf,Gl,GIW,Nu,NC,ML,Lak	Soup of the Day Breaded Pork Escalope Chips Leaf Salad 1 Ei,Gl,GIW	Soup of the Day Big Hamburger Country Potatoes Mixed Pepper and Sweetcorn Salad Dessert 5,9,15 Ei,Sn,Sf,Sa,Gl,GIW	/



vegetarian



vegan



vegan by request

Additives labelling: MSC: from sustainable fisheries, 1: with pork, 2: with alcohol, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners, 15: with beef

contains allergens: Ei: eggs, Fi: fish, Gl: glutenous grain, GIG: barley, GIR: rye, GIW: wheat, Lak: lactose, ML: dairy (-product), NC: cashew, Nu: edible nuts, Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy