

Mensa Institutsviertel

| | Monday 09.12. | Tuesday 10.12. | Wednesday 11.12. | Thursday 12.12. | Friday 13.12. | Saturday 14.12. |
|---|---|---|---|--|--|-----------------|
| Schneller Teller Students, scholars: 1,65 € Staff: 2,80 € Guests: 3,20 € | Roast Potatoes Quark and Herbs Sausage Salad sch,3,5,6,8,9,ri | ■ Carrot Coconut Soup Viennese Tofu Sausages Whole grain Bread Rolls | ■ Vegetable Stock Swabian Ravioli Farmer Bread | ■ Vegetable-Couscous Salad Muhammara Turkish Bread | ▣ Rice Pudding Red Berry Compote Sugar and Cinnamon Vegan option at request + 0,35 € | / |
| Essen 1 Students, scholars: 2,80 € Staff: 3,80 € Guests: 5,10 € | ● Soy Strips Creamy Pepper Sauce Pasta Side Salad 4,6 | ● Swabian Herby Pasta Dish Tomato Ragout Grated Cheese Side Salad 4 | ■ Mini Spring Rolls Sweet and Sour Sauce Basmati Rice Mixed Salad | ● Swabian Green Pasta Gratin with Tomato, Cheese and Onion Softened Onions Roast Potatoes Side Salad | ● Mixed Greek Salad Baguette Leaf Salad 5 | / |
| Essen 2 Students, scholars: 2,80 € Staff: 3,80 € Guests: 5,10 € | Merguez Mixed Peppers Dip Mediterranean Potato Stirfry Endive Salad 4,5,6,8,ri | Cod Filet MSC Buttery Lemon Sauce Leaf Spinach Buttery Potatoes 4,5,nF | Chicken Breast with a Crispy Crust Tomato Sauce Fusilli Pasta Grated Hard Cheese Side Salad 4,6 | Poultry Satay Skewer Peanut Sauce Basmati Rice Side Salad 5 | Andrah Chicken Raita Indian Spiced Rice Mixed Salad 5 | / |
| Wochenangebot Students, scholars: 3,10 € Staff: 4,10 € Guests: 5,10 € | ▣ Thick Fries Spicy Vegetables Garlic Oil, Hot Pepper Oil Grated Cheese Side Salad | ▣ Thick Fries Spicy Vegetables Garlic Oil, Hot Pepper Oil Grated Cheese Side Salad | ▣ Thick Fries Spicy Vegetables Garlic Oil, Hot Pepper Oil Grated Cheese Side Salad | ▣ Thick Fries Spicy Vegetables Garlic Oil, Hot Pepper Oil Grated Cheese Side Salad | ▣ Thick Fries Spicy Vegetables Garlic Oil, Hot Pepper Oil Grated Cheese Side Salad | / |
| Buffet Students, scholars: 0,85 € pro 100g Staff: 1,00 € pro 100g Guests: 1,20 € pro 100g | Calamari in Batter Spicy Chillidip Lattice Fries At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable 5 | Pork Cordon Bleu Creamed Savoy Cabbage Potato-Almond Balls At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable sch,4,5,6,8 | Redfish Fillet Garlic Dip Roast Potatoes At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable 5 | Pork Shoulder Steak Wild Mushroom Ragout Swabian Cheese Pasta At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable sch,4,5,9 | Plov, Russian Rice Dish with Chicken At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties Vegetable / | |
| Abendessen Students, scholars: 0,80 € pro 100g Staff: 0,95 € pro 100g Guests: 1,15 € pro 100g | Mensa Rempartstraße Buffet at the Mansa Pavillon Mon-Fry 5.30 p.m. - 7.30 p.m. | Mensa Rempartstraße Buffet at the Mansa Pavillon Mon-Fry 5.30 p.m. - 7.30 p.m. | Mensa Rempartstraße Buffet at the Mansa Pavillon Mon-Fry 5.30 p.m. - 7.30 p.m. | Mensa Rempartstraße Buffet at the Mansa Pavillon Mon-Fry 5.30 p.m. - 7.30 p.m. | Mensa Rempartstraße Buffet at the Mansa Pavillon Mon-Fry 5.30 p.m. - 7.30 p.m. | / |

● vegetarian ■ vegan ▣ vegan by request

Additives labelling: nF: from sustainable fisheries, ri: with beef, sch: with pork, 3: with flavor enhancers, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners