




Mensa Institutsviertel

	Monday 09.12.	Tuesday 10.12.	Wednesday 11.12.	Thursday 12.12.	Friday 13.12.	Saturday 14.12.
Schneller Teller Students, scholars: 1,65 € Staff: 2,80 € Guests: 3,20 €	Roast Potatoes Quark and Herbs Sausage Salad sch,3,5,6,8,9,ri Sn,Se,Sf,ML	Carrot Coconut Soup Viennese Tofu Sausages Whole grain Bread Rolls So,Sn,Sa,Gl,GW,GIR,GIG,GH	Vegetable Stock Swabian Ravioli Farmer Bread Se,Gl,GW,GIR	Vegetable-Couscous Salad Muhammara Turkish Bread So,Se,Sa,Gl,GW,GIG,Nu,NW	Rice Pudding Red Berry Compote Sugar and Cinnamon Vegan option at request + 0,35 € 5 So,ML	/
Essen 1 Students, scholars: 2,80 € Staff: 3,80 € Guests: 5,10 €	Soy Strips Creamy Pepper Sauce Pasta Side Salad 4,6 Ei,So,Gl,GW,ML	Swabian Herby Pasta Dish Tomato Ragout Grated Cheese Side Salad 4 Ei,Gl,GW,ML	Mini Spring Rolls Sweet and Sour Sauce Basmati Rice Mixed Salad So,Sn,Se,Sf,Gl,GW	Swabian Green Pasta Gratin with Tomato, Cheese and Onion Softened Onions Roast Potatoes Side Salad 4 Ei,Sn,Se,Gl,GW,GIG,ML	Mixed Greek Salad Baguette Leaf Salad 5 Sn,Sf,Gl,GW,ML	/
Essen 2 Students, scholars: 2,80 € Staff: 3,80 € Guests: 5,10 €	Merguez Mixed Peppers Dip Mediterranean Potato Stirfry Endive Salad 4,5,6,8,ri ML	Cod Filet MSC Buttery Lemon Sauce Leaf Spinach Buttery Potatoes 4,5,nF Sn,Fi,Gl,GW,GIG,ML	Chicken Breast with a Crispy Crust Tomato Sauce Fusilli Pasta Grated Hard Cheese Side Salad 4,6 Ei,Gl,GW,GIG,ML	Poultry Satay Skewer Peanut Sauce Basmati Rice Side Salad 5 Ei,Er,So,Kr,Fi,We,Gl,GW,ML	Andrah Chicken Raita Indian Spiced Rice Mixed Salad 5 Sn,ML	/
Wochenangebot Students, scholars: 3,10 € Staff: 4,10 € Guests: 5,10 €	Thick Fries Spicy Vegetables Garlic Oil, Hot Pepper Oil Grated Cheese Side Salad So,Sn,Se,ML	Thick Fries Spicy Vegetables Garlic Oil, Hot Pepper Oil Grated Cheese Side Salad So,Sn,Se,ML	Thick Fries Spicy Vegetables Garlic Oil, Hot Pepper Oil Grated Cheese Side Salad So,Sn,Se,ML	Thick Fries Spicy Vegetables Garlic Oil, Hot Pepper Oil Grated Cheese Side Salad So,Sn,Se,ML	Thick Fries Spicy Vegetables Garlic Oil, Hot Pepper Oil Grated Cheese Side Salad So,Sn,Se,ML	/
Buffet Students, scholars: 0,85 € pro 100g Staff: 1,00 € pro 100g Guests: 1,20 € pro 100g	Calamari in Batter Spicy Chillidip Lattice Fries At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable 5 Ei,Sn,We,Gl,GW,ML	Pork Cordon Bleu Creamed Savoy Cabbage Potato-Almond Balls At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable sch,4,5,6,8 Ei,Sn,Se,Gl,GW,Nu,NM,ML	Redfish Fillet Garlic Dip Roast Potatoes At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable 5 Ei,Sn,Fi,Gl,GW,ML	Pork Shoulder Steak Wild Mushroom Ragout Swabian Cheese Pasta At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable sch,4,5,9 Ei,Gl,GW,ML	Plov, Russian Rice Dish with Chicken At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties Vegetable 5 Ei,Sn,Se,Gl,GW,ML	/
Abendessen Students, scholars: 0,80 € pro 100g Staff: 0,95 € pro 100g Guests: 1,15 € pro 100g	Mensa Rempartstraße Buffet at the Mansa Pavillon Mon-Fry 5.30 p.m. - 7.30 p.m.	Mensa Rempartstraße Buffet at the Mansa Pavillon Mon-Fry 5.30 p.m. - 7.30 p.m.	Mensa Rempartstraße Buffet at the Mansa Pavillon Mon-Fry 5.30 p.m. - 7.30 p.m.	Mensa Rempartstraße Buffet at the Mansa Pavillon Mon-Fry 5.30 p.m. - 7.30 p.m.	Mensa Rempartstraße Buffet at the Mansa Pavillon Mon-Fry 5.30 p.m. - 7.30 p.m.	/

 vegetarian
  vegan
  vegan by request

Additives labelling: nF: from sustainable fisheries, ri: with beef, sch: with pork, 3: with flavor enhancers, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners

contains allergens: Ei: eggs, Er: peanut, Fi: fish, Gl: glutenous grain, GID: spelt, GIG: barley, GIH: oat, GIR: rye, GIW: wheat, Kr: crustacean, ML: dairy (-product), NH: hazelnut, NM: almond, NW: walnut, Nu: edible nuts, Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy, We: mollusks