




Mensa Kehl

	Monday 04.07.	Tuesday 05.07.	Wednesday 06.07.	Thursday 07.07.	Friday 08.07.	Saturday 09.07.
Schneller Teller Students, scholars: 2,00 € Staff: 3,40 € Guests: 4,30 €	Solange Vorrat reicht Semolina Peach Compote Sugar and Cinnamon GI,GIW,ML		Solange Vorrat reicht Goulash Stockpot French Roll ri Se,GI,GIW,GIW			/
Essen 1 Students, scholars: 3,40 € Staff: 4,60 € Guests: 6,40 €	Vegetable Gnocci Stirfry Herb Yoghurt Dip Mixed Salad Fruit Ei,Se,GI,GIW,ML	Asian Vegetable Stirfry with Glass Noodles and Organic Tofu Soy Sesame Sauce Side Salad Fruit So,Sn,Se,Sa,GI,GIW	Cheese stuffed Potato Patties Radish and Yoghurt Dish Vegetable Rice Side Salad Dessert or Fruit Se,GI,GIW,ML	Cheese and Vegetable Pasta Dish Tomato Sauce Side Salad Dessert or Fruit Se,GI,GIW,ML	Vegetable Skewer with Organic smoked Tofu Tomato Dip Baked Potato Side Salad Dessert or Fruit So,Sn,GI,GIW	/
Essen 2 Students, scholars: 3,40 € Staff: 4,60 € Guests: 6,40 €	Pork Steak Mustard Sauce Roast Potatoes Green Bean Fruit sch,9 Sn,GI,GIW	Chicken Breast with a Crispy Crust Gravy Chips Side Salad Dessert or Fruit GI,GIW,GI	Spicy beef cut into strips Elbow Pasta Side Salad Dessert or Fruit ri Ei,GI,GIW	Stuffed Cabbage Leaf Bacon Sauce Mashed Potato Leaf Salad Dessert or Fruit sch,5,6,8 Ei,Sn,GI,GIW,ML	Panfried Alaska Pollack Filet Remoulade Potato Salad Leaf Salad Dessert or Fruit 5,9,nF Ei,Sn,Fi,Sf,GI,GIW,ML	/
Essen 3 Students, scholars: 3,40 € Staff: 4,60 € Guests: 6,40 €		Solange Vorrat reicht Mixed Salad Dish Wholegrain Vegetable Patty Nuremberger Sausage French Roll Dessert or Fruit sch,5 Ei,Sn,Se,Sf,GI,GIW,GIW		Solange Vorrat reicht Mixed Salad Dish Calamari in Batter French Roll Dessert or Fruit 5 Sn,Sf,We,GI,GIW,GIW	Pork Escalope Vienna Style Gravy Chips Side Salad Fruit sch GI,GIW	/

 vegetarian
  vegan
  vegan by request

Additives labelling: nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 3: with flavor enhancers, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 8: with phosphates, 9: with sweeteners

contains allergens: Ei: eggs, Fi: fish, GI: glutenous grain, GIG: barley, GIH: oat, GIR: rye, GIW: wheat, ML: dairy (-product), Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy, We: mollusks