

Mensa Offenburg

	Monday 18.10.	Tuesday 19.10.	Wednesday 20.10.	Thursday 21.10.	Friday 22.10.	Saturday 23.10.
EsSEN 1 Students, scholars: 3,05 € Staff: 4,00 € Guests: 5,40 €	● Schwarzwälder Tage Regional Potato Dumplings Pumpkin Side Salad or Regional Apple	● Lieblingessen Swabian Cheese Pasta Roast Onion Mixed Salad	● Cream of Vegetable Soup Austrian Style Pancakes Vanilla Sauce Apple Puree	● Penne Tomato Sauce Grated Hard Cheese Side Salad or Regional Apple	■ Newcomer Pan dish with Quinoa, Organic Chick Peas and Soja Beans Curry Sauce Falafel Side Salad or Regional Apple	/
			5	6	5,25	
EsSEN 2 Students, scholars: 3,05 € Staff: 4,00 € Guests: 5,40 €	■ Soy Strips Pepper Sauce Fusilli Pasta Side Salad or Regional Apple	Pollack Filet Parsley Sauce Leaf Spinach Buttered Potatoes	Schwarzwälder Tage Regional Variety of Pork Shoulder Gravy Regional Potato Dumplings Sauerkraut	Turkey Strips Creamy Mushroom Sauce Vegetable Rice Side Salad or Regional Apple	Schwarzwälder Tage Venison Goulash Juniper Sauce Swabian Pasta Brussel Spouts	/
	6	5,nF	sch			
Students, scholars: 0,00 € Staff: 0,00 € Guests: 0,00 €	/	/	so lange der Vorrat reicht Big Curried Sausage Curried Sausage Sauce Chips Side Salad or Regional Apple	/	/	/
			sch,5,6,8,ri			

● vegetarian ■ vegan ▣ vegan by request

Additives labelling: nF: from sustainable fisheries, ri: with beef, sch: with pork, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 8: with phosphates, 9: with sweeteners, 25: main ingredient of bio-signed meal is organic