### Mensa Rempartstraße

**Monday 10.05.**

- **Essen 3**
  - Students, scholars: 2.95 €
  - Staff: 4.00 €
  - Guests: 5.40 €

#### TO GO!
- Pan-Cooked Sweet Potatoes with Dates
- Yoghurt Dip or Cucumber Dip
- Tomato-Cucumber-Tabbouleh
- Spicy Chickpeas

### Wednesday 12.05.

#### TO GO!
- Penne
- Organic Cream Cheese Sauce with Asparagus Pieces
- Organic Smoked tofu or Smoked salmon strips
- Fruit

### Thursday 13.05.

#### TO GO!
- Bowl
- Roasted Minced Meat Balkan Style
- Melon Salsa, Zaziki
- Tomato-Quinoa
- Colourful Farmers Salad

### Friday 14.05.

#### TO GO!
- Beef Goulash Hungarian Style or Soy Cubes
- Fusilli Pasta
- Needle Beans

### Saturday 15.05.

#### TO GO!
- Cannelloni with Vegetable and Cheese Crust
- Tomato Sauce
- Parsley Pesto

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**Additives labelling:**
- ri: with beef
- sch: with pork
- 4: with colouring agent
- 5: with antioxidants
- 6: with preservatives
- 9: with sweeteners
- 25: bio-signed ingredients are bio-certified

**Contains allergens:**
- Ei: eggs
- Er: peanut
- Fi: fish
- Gl: glutenous grain
- GlG: barley
- GlW: wheat
- ML: dairy (-product)
- Sa: sesame
- Se: celery
- Sf: sulfur dioxide/ sulfite
- Sn: mustard
- So: soy

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#### Vegetarian
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#### Vegan
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#### Vegan by request
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