




Mensa Rempartstraße

	Monday 01.03.	Tuesday 02.03.	Wednesday 03.03.	Thursday 04.03.	Friday 05.03.	Saturday 06.03.
Essen 3 Students, scholars: 2,95 € Staff: 4,00 € Guests: 5,40 €	TO GO! Texan Stirfry Texan Stirfry with Turkey and Red Beans Salsa Dip Harissa Potatoes 5 Ei,So,Sn,Gl,GlW,ML	TO GO! Spaghetti Soy Bolognese Bolognese Sauce Grated Hard Cheese Regional Apple sch,6,ri Ei,So,Se,Gl,GlW,ML	TO GO! Soy balls Turkey Goulash Cream Sauce Cranberry Sauce Potato Dumpling and Vegetable Dish So,Se,Gl,GlW,GlG	TO GO! Swabian Cheese Pasta Creamy Mushroom Sauce Regional Apple Ei,Gl,GlW,GlG,ML	TO GO! Stuffed Pepper Cod mediterranean Style MSC Lem on Sauce Beet Root Couscous Peas 5,nF So,Sn,Fi,Se,Sa,Gl,GlW,GlG,ML	

-  vegetarian
-  vegan
-  vegan by request

Additives labelling: alc: with alcohol, nF: from sustainable fisheries, ri: with beef, sch: with pork, 5: with antioxidants, 6: with preservatives, 25: bio-signed ingredients are bio-certified

contains allergens: Ei: eggs, Fi: fish, Gl: glutenous grain, GlG: barley, GlW: wheat, ML: dairy (-product), Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy