

# Mensa Rempartstraße

	Monday 28.11.	Tuesday 29.11.	Wednesday 30.11.	Thursday 01.12.	Friday 02.12.	Saturday 03.12.
<b>Tagesgericht</b> Students, scholars: 2,95 € Staff: 4,30 € Guests: 6,00 €	Penne Carbonara with Organic smoked Tofu Grated Hard Cheese Side Salad 6,0 Gl,Ei,GIG,GIW,So,Se,ML	Newcomer Plant Based Crispy-Nuggets Salsa Sauce Lattice Fries Side Salad 6 Gl,GIG,GIW,So,Sn,Sf	Cut up Herbal Pancake Yoghurt Dip Lentil and pointed Cabbage Salad 0 Ei,GI,GIG,So,ML,GIW	Newcomer Avocado Dip Corn Salsa with Coriander Cajun Rice Broccoli Tortilla Chips 0,5,4 So,Sn	Swabian Cheese Pasta Softened Onions Leaf Salad 0 Gl,GIW,ML,Ei	/
<b>Schneller Teller</b> Students, scholars: 2,10 € Staff: 3,60 € Guests: 4,70 €	Bulgur with Zucchini and Tomato Yoghurt Mint Dip or Organic Cucumber Dip 0 So,ML,GI,GIW	Vegetable-Apple Salad with Organic Quinoa Curry Dip Baguette 0,6,5 GIW,Sn,So,Gl	Penne with Arabian Eggplant Dip 0 So,GI,GIW	Pea Stew Organic vieneser Tofu Sausages oder Sausage Farmer Bread 4,ri,o,3,sch,5,6,8 So,Sn,Se,GIW,GI,GIG,GIR	Potato Soup Sweet Nut Pastry Swirl or Side Salad 0 So,GIW,Gl,Ei,Se,Nu,NH,ML,GIW	/
<b>Essen 1</b> Students, scholars: 3,35 € Staff: 4,75 € Guests: 6,90 €	Texan Stirfry with vegetarian Fillet Strips Salsa Dip Country Potatoes 0 Ei,GI,GIW,ML,So,Sn	Vegetable Gnocchi Stirfry Pink Sauce Sheep's Cheese Topping Side Salad or Regional Apple 5 Se,ML,Sf,GI,GIW	Swabian Green Pasta Gratin with Tomato, Cheese and Onion Side Salad or Regional Apple 0 Ei,GI,GIG,GIW,ML,Se,Sn	Falafel Side Salad or Regional Apple Sa	Pumpkin Curry with Soy Chunks Coriander Pesto Basmati Rice Naan Bread Side Salad or Regional Apple 0 So,Sn,GIW,GI,GIH	Mini Spring Rolls Sweet and Sour Sauce Basmati Rice Side Salad or Regional Apple 0,ri,6 Gl,So,Sn,Sf,Se,GIW
<b>Essen 2</b> Students, scholars: 3,35 € Staff: 4,75 € Guests: 6,90 €	Cajun Chicken Corn Salsa with Coriander Yam Puree Side Salad or Regional Apple 18,5,sch,6 ML	Spaghetti Bolognese Grated Hard Cheese Side Salad or Regional Apple ri,o,6 Se,ML,Gl,Ei,GIW	Strips of Pork Zurich Style Potato Rosti Needle Beans sch Gl,GIW,ML	Tomato Ragout Swabian Herby Pasta Dish Grated Cheese Side Salad or Regional Apple Ei,GI,GIG,GIW,So,ML	Baked Fish Dish White Wine Sauce Long Grain Rice Broccoli nF ML,Fi,GI,GIW	Spaghetti Bolognese Grated Hard Cheese Side Salad or Regional Apple 0,ri,6 Se,ML,GIW,Gl,Ei
<b>Wochenangebot</b> Students, scholars: 3,70 € Staff: 5,10 € Guests: 6,90 €	Curried Sausage or vegan Sausage Chips Side Salad or Regional Apple sch,8,ri So,Sn,Sf,Se	Curried Sausage or vegan Sausage Chips Side Salad or Regional Apple 8,sch,ri Se,Sf,Sn,So	Curried Sausage or vegan Sausage Chips Side Salad or Regional Apple ri,8,sch So,Sn,Sf,Se	Curried Sausage or vegan Sausage Chips Side Salad or Regional Apple 8,ri,sch Se,Sf,Sn,So	Curried Sausage or vegan Sausage Chips Side Salad or Regional Apple 8,sch,ri Se,Sf,Sn,So	/

vegetarian
  vegan
  vegan by request

**Additives labelling:** nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 3: with flavor enhancers, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners, 18: containing a source of phenylalanine

**contains allergens:** Ei: eggs, Er: peanut, Fi: fish, Gl: glutenous grain, GID: spelt, GIG: barley, GIH: oat, GIR: rye, GIW: wheat, ML: dairy (-product), NH: hazelnut, NM: almond, Nu: edible nuts, Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy