




Mensa Trossingen

	Monday 24.01.	Tuesday 25.01.	Wednesday 26.01.	Thursday 27.01.	Friday 28.01.	Saturday 29.01.
Essen 1 Students, scholars: 3,25 € Staff: 6,90 € Guests: 6,90 €	Broccoli Nut-wedges Mustard and Dill Sauce Parsley Potatoes Baby Carrots Sn,Se,Gl,GIW,GH,Nu,NM,NH,ML 5	Cauliflower Gratin Creamy Pepper Sauce Organic Wholemeal Penne Side Salad or Regional Apple 5,6,25 Gl,GIW,ML	Yeast Dumpling Vanilla Sauce Poppy Seed Butter Side Salad or Regional Apple Ei,Gl,GIW,ML	Vegetable Rice Dish Tomato Ragout Side Salad or Regional Apple Se,Gl,GIW	Regional Potato Dumplings Sauerkraut Cream Sauce Side Salad or Regional Apple Ei,Gl,GIW,GIG,ML	/
Essen 2 Students, scholars: 3,25 € Staff: 6,90 € Guests: 6,90 €	Tortellini con Carne Tomato and Zucchini Ragout Grated Cheese Side Salad or Regional Apple Ei,Se,Gl,GIW,ML ri	Burger Vegetable Sauce Duchess Potatoes Brussel Spouts sch,5,ri Ei,Se,Gl,GIW,ML	Regional Variety of Pork Shoulder Gravy Mashed Potato Sauerkraut sch Gl,GIW,GIG,ML	Turkey Strips Zurich Style Organic Spätzle Pasta Mixed Peas, Carrots and Asparagus 25 Ei,Gl,GIW,GIG,ML	Breaded Plaice Filet Remoulade Potato Salad Side Salad or Regional Apple Ei,Sn,Fi,Sf,Gl,GIW,ML 4,5,9,nF	/

 vegetarian
  vegan
  vegan by request

Additives labelling: nF: from sustainable fisheries, ri: with beef, sch: with pork, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 8: with phosphates, 9: with sweeteners, 25: main ingredient of bio-signed meal is organic

contains allergens: Ei: eggs, Fi: fish, Gl: glutenous grain, GIG: barley, GIH: oat, GIW: wheat, ML: dairy (-product), NC: cashew, NH: hazelnut, NM: almond, Nu: edible nuts, Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy