Mensa Flugplatz

	Montag 30.11.	Dienstag 01.12.	Mittwoch 02.12.	Donnerstag 03.12.	Freitag 04.12.
Essen 1	■ Soy Sweet Potato Pan Garlic Dip Ruccola Side Salad or apple 5 So,Sn	■ Swabian Lentil Dish Organic vienese Tofu Sausages Swabian Pasta Dish Side Salad or apple 5,4 Gl,GlW,Se,Sf,Sn,So	■ Pad Thai Noodles Side Salad or apple 6 Gl,Er,So,Sn,Sa,GlW	■ Plant Based Crispy-Nuggets Red Pepper Salsa Lattice Fries Side Salad or apple 5 So,Sn,Sf,GlW,GlG,Gl	■ Soja Butter Curry garlic yogurt Basmati Rice Baguette Side Salad or apple 6,4 GlH,Gl,Er,Sn,So,GlW
Essen 2	Poultry Satay Skewer Peanut Sauce Roast Onion Basmati Rice Side Salad or apple gfl So,Sn,ML,GlW,Gl,Fi,Er	● Roasted Swabian Filled Pasta Quark and Herbs Baked Potato Side Salad or Berliner Doughnut Ei,Gl,GlW,ML,Se,Sn	Strips of Pork from Country-Bred-Pork Creamy Mushroom Sauce Swabian Pasta Broccoli H3,sch,4 GlW,ML,Gl,Ei	■ Vegetarian Meatball garlic yogurt Roast Potatoes Cucumber Salad 6,5 Sn,So,Sf,Se,GlW,GlH,Gl	Baked Fish Dish White Wine Sauce Leek Rice Dish Side Salad or apple 4,alc,nF Fi,Gl,GlW,ML,Sn,Sf
Essen 3	◪ Pasta creations from our own pasta factory with various sauces and toppings Side Salad or apple 4,6 Gl,So,Sn,Se,ML,GlW	■ - Filled Dumplings Side Salad or apple alc Gl,GlW,Sf,Sn,So	● Semolina Casserole Cherry Compote Ei,Gl,GlW,ML	Solange der Vorrat reicht BBQ Pulled Pork Burger from Country-Bred-Pork Chips Side Salad or apple H3,sch Gl,ML,Sa,Se,Sn,GlW	◪ Miso-Soup with roast Chicken Pieces or Organic Tofu Cubes Baguette Side Salad or apple gfl,4,6,alc Se,GlW,Gl,Sf,Sn,So
Wochenangebot	◪ Thick Fries Soja Spicy Vegetables Tomato Cubes, Ruccola, Jalapenos Grated Mozzarella Side Salad or apple Sn,So,Se,ML,GlW,Gl	◪ Thick Fries Soja Spicy Vegetables Tomato Cubes, Ruccola, Jalapenos Grated Mozzarella Side Salad or apple Sn,So,Se,ML,GlW,Gl	◪ Thick Fries Soja Spicy Vegetables Tomato Cubes, Ruccola, Jalapenos Grated Mozzarella Side Salad or apple So,ML,Se,Sn,GlW,Gl	◪ Thick Fries Soja Spicy Vegetables Tomato Cubes, Ruccola, Jalapenos Grated Mozzarella Side Salad or apple So,Gl,GlW,ML,Se,Sn	◪ Thick Fries Soja Spicy Vegetables Tomato Cubes, Ruccola, Jalapenos Grated Mozzarella Side Salad or apple So,Se,ML,Sn,GlW,Gl
Pizza	● Ausgabe im Café Pizza Margaritha homemade GlW,ML,Gl	● Ausgabe im Café Pizza Margaritha homemade GlW,ML,Gl	● Ausgabe im Café Pizza Margaritha homemade GlW,ML,Gl	● Ausgabe im Café Pizza Margaritha homemade Gl,GlW,ML	● Ausgabe im Café Pizza Margaritha homemade GlW,Gl,ML
Pizza plus	Ausgabe im Café Create your own pizza sch,ri,8,6,5,4 Gl,ML,GlW	Ausgabe im Café Create your own pizza sch,ri,8,6,5,4 Gl,ML,GlW	Ausgabe im Café Create your own pizza 5,sch,ri,8,6,4 ML,GlW,Gl	Ausgabe im Café Create your own pizza ri,sch,6,5,4,8 ML,GlW,Gl	Ausgabe im Café Create your own pizza sch,ri,8,6,5,4 ML,GlW,Gl
Buffet	● salad buffet Leaf salads with various dressings, dressed salads and fresh fruit Baguette 5,7,4 ML,Gl,Sf,So,Sn,GlW	● salad buffet Leaf salads with various dressings, dressed salads and fresh fruit Baguette 5,7,4 ML,Gl,Sf,So,Sn,GlW	● salad buffet Leaf salads with various dressings, dressed salads and fresh fruit Baguette 4,7,5 So,Gl,Sf,ML,GlW,Sn	● salad buffet Leaf salads with various dressings, dressed salads and fresh fruit Baguette 7,4,5 So,Sn,Sf,ML,GlW,Gl	● salad buffet Leaf salads with various dressings, dressed salads and fresh fruit Baguette 7,4,5 ML,GlW,Gl,Sf,So,Sn

● vegetarian ■ plant-based ◪ plant-based by request

Additives labelling: 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, alc: with alcohol, gfl: with chicken, nF: from sustainable fisheries, ri: with beef, sch: with pork

contains allergens: Ei: eggs, Er: peanut, Fi: fish, Gl: glutenous grain, GlG: barley, GlH: oat, GlW: wheat, ML: dairy/lactose, NM: almond, Nu: edible nuts, Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy

Die Spuren der Allergene sind in der Kennzeichnung nicht berücksichtigt. Bitte beachten Sie diesbezüglich die gesonderten Allergenhinweise auf unserer Homepage. Änderungen vorbehalten. Bei Fragen hierzu wenden Sie sich gerne an unser Personal.

Die Preise sind auf dem Tagesplan ausgewiesen.