

# Mensa Flugplatz

|                         | Monday 22.04.                                                                              | Tuesday 23.04.                                                                                                           | Wednesday 24.04.                                                                                                                  | Thursday 25.04.                                                                    | Friday 26.04.                                                                                         |
|-------------------------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| <b>Essen 1</b>          | ● Swabian Lentil Dish<br>Organic vienesse Tofu Sausages<br>Swabian Pasta<br>Regional Apple | ■ Lemon and Herb Pasta with Tomatoes and Rocket<br>Organic Smoked Tofu<br>Tomato Sugo<br>Parsley Pesto<br>Regional Apple | ● Mixed Salad with Tomato, Mozzarella and Basil<br>Baguette                                                                       | ● Apple Strudel<br>Vanilla Sauce<br>Cherry Compote<br>Regional Apple               | ● Vegetable Balls<br>Tomato Ragout<br>Swabian Herby Cheese Pasta<br>Regional Apple                    |
| Studierende,<br>Schüler | 3,35 €                                                                                     |                                                                                                                          |                                                                                                                                   |                                                                                    |                                                                                                       |
| Beschäftigte            | 5,00 €                                                                                     |                                                                                                                          |                                                                                                                                   |                                                                                    |                                                                                                       |
| Gäste                   | 7,90 €                                                                                     | bio,o                                                                                                                    | bio                                                                                                                               |                                                                                    |                                                                                                       |
| <b>Essen 2</b>          | Strips of Pork<br>Zurich Style<br>Potato Rosti<br>Baby Carrots                             | Beef Hamburger with Cheese, Tomato and Salad<br>Spring Salad                                                             | ■ Newcomer<br>Mediterranean Herb Chickpea Slices<br>Baked Vegetables with Pumpkin and Potato<br>Coconut Yoghurt<br>Regional Apple | Chicken Shawarma Style<br>Yoghurt and Cucumber Dip<br>Greek Salad<br>Turkish Bread | Madagascan Fish Filet<br>Lemon Sauce<br>Rigatoni<br>Julienne Style Vegetable Strips<br>Regional Apple |
| Studierende,<br>Schüler | 3,35 €                                                                                     |                                                                                                                          |                                                                                                                                   |                                                                                    |                                                                                                       |
| Beschäftigte            | 5,00 €                                                                                     |                                                                                                                          |                                                                                                                                   |                                                                                    |                                                                                                       |
| Gäste                   | 7,90 €                                                                                     | alc,sch                                                                                                                  | ri,9                                                                                                                              | o,bio                                                                              | 5<br>nF,4                                                                                             |

● vegetarisch      ■ vegan      ▧ auf Wunsch vegan

**Kennzeichnungen:** alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners