




Mensa Institutsviertel

	Monday 04.12.	Tuesday 05.12.	Wednesday 06.12.	Thursday 07.12.	Friday 08.12.
Schneller Teller Studierende, Schüler 2,10 € Beschäftigte 3,60 € Gäste 4,70 €	Superfood Salad with Organic smoked Tofu o,bio	Bulgur with Zucchini and Tomato Yoghurt Mint Dip or Organic Cucumber Dip bio,o	Penne Arrabiata 6	Sausage Salad Quark and Herbs Roast Potatoes sch,9,3,5,6,8,ri	Rice Pudding Vegan option at request + 0,50 € Peach Compote Sugar and Cinnamon
Essen 1 Studierende, Schüler 3,35 € Beschäftigte 4,75 € Gäste 6,90 €	Roasted Swabian Filled Pasta Tomato Sauce Potato Salad with Cucumber Side Salad or Regional Apple	Austrian Style Pancakes Apple Puree Side Salad or Regional Apple 5	Mediterranean Pasta Salad Baguette Dessert 5,6	Tortellini filled with Ricotta and Spinach Wild Garlic Sauce Julienne Style Vegetable Strips Grated Hard Cheese Dessert	Baked Polenta Wild Mushroom Ragout Side Salad or Regional Apple
Essen 2 Studierende, Schüler 3,35 € Beschäftigte 4,75 € Gäste 6,90 €	Spaghetti Bolognese Grated Hard Cheese Dessert bio,o,ri	Pork Steak with Double-baked Tomato and Mozzarella Herb Yoghurt Dip Baked Potato Cucumber Salad sch	Cauliflower Burger with Harrisia Mayonnaise Eggplant and Rucola Three Types of Fries Side Salad or Regional Apple 8	Poultry Satay Skewer Peanut Sauce Basmati Rice Side Salad or Regional Apple 18	Panfried Alaska Pollack Filet Tartar Sauce Steamed Potatoes Regional Apple nF
Essen 3 Studierende, Schüler 3,35 € Beschäftigte 4,75 € Gäste 6,90 €	An der Kaffeebar gibt es: Pasta creations from our own pasta factory with various sauces and toppings Side Salad or Regional Apple	An der Kaffeebar gibt es: Pasta creations from our own pasta factory with various sauces and toppings Side Salad or Regional Apple	An der Kaffeebar gibt es: Pasta creations from our own pasta factory with various sauces and toppings Side Salad or Regional Apple	Am Buffet gibt es: Create your own pizza 8,ri,3,4,5,6,sch	Dessert
Wochenangebot Studierende, Schüler 3,70 € Beschäftigte 5,10 € Gäste 6,90 €	Curried Sausage or planted Sausage Chips Side Salad or Regional Apple sch,ri,8	Curried Sausage or planted Sausage Chips Side Salad or Regional Apple sch,ri,8	Curried Sausage or planted Sausage Chips Side Salad or Regional Apple 8,sch,ri	Curried Sausage or planted Sausage Chips Side Salad or Regional Apple 8,sch,ri	Curried Sausage or planted Sausage Chips Side Salad or Regional Apple ri,sch,8
Buffet Studierende, Schüler 0,95 € pro 100g Beschäftigte 1,15 € pro 100g Gäste 1,40 € pro 100g	Bell Pepper filled with Mincemeat Creamy Pepper Sauce Potato and Wild Garlic Puree At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable 6,sch,bio,o,ri	Andhra Chicken Raita Vegetable fried Rice At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable alc	Battered Vegetables Herb Yoghurt Dip Potatoes tossed in Sesame At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable	Pork Cordon Bleu Baby Carrots Twisted Chips At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable sch,8,6,5,3	Pork Cordon Bleu Chicken Leg Italien style Chips At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable 5,8,6,3,sch

 vegetarisch
  vegan
  auf Wunsch vegan

620 Kennzeichnungen: alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 3: with flavor enhancers, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 8: with phosphates, 9: with sweeteners, 18: containing a source of phenylalanine