

Mensa Institutsviertel

	Monday 13.05.	Tuesday 14.05.	Wednesday 15.05.	Thursday 16.05.	Friday 17.05.
Schneller Teller	Leek Noodles Smoked Salmon Sauce alc GLW, Gl, Fi, ML	Sausage Salad Quark and Herbs Roast Potatoes 6, 5, 3, sch, ri, 8, 9 Se, Sf, ML, Sn	Superfood Salad with Organic smoked Tofu bio, o Gl, GID, GIG, GIR, GIW, Sa, Se, Sn, So	Potato Soup Organic vienesse Tofu Sausages Granary Baguette o, bio GIR, GIG, Gl, GIW, So, Se	Rice Pudding Vegan option at request + 0,50 € Apple Puree Sugar and Cinnamon 5 ML, So
Essen 1	Stuffed Pepper Country Potatoes French Roasted Vegetables Side Salad or Regional Apple Gl, GIW, Sn, Se	Swabian Lentil Dish Organic vienesse Tofu Sausages Swabian Pasta Dish Side Salad or Regional Apple o, bio GIW, Se, Sf, Gl, Sn, So	Italian Pasta Bake Tomato Sauce Pesto Regional Apple GLW, GL, ML	Potato Gratin with Spinach and Greek Cheese White Sauce Side Salad Dessert 5, 4 ML, Sn, Sf, GIW, Gl, Ei	Tortellini filled with Ricotta and Spinach Basil and Cheese Sauce Pesto Side Salad or Regional Apple GL, GIW, Sn, Se, ML
Essen 2	Chicken Breast with a Crispy Crust Tomato Ragout Pasta Side Salad or Regional Apple Sn, GIW, Gl, GIG	Organic Asparagus Spears Butter Sauce Ham strips New Potatoes sch, o, bio, 8, 6, 5 Ei, Se, ML, GIW, Gl	Potato-Parsley Thalers Avocado Dip Spring Salad Fruit 5, 4, bio, o GIW, GIG, Gl, ML, Ei, Sf, Sa, Sn, So	Organic Hungarian Style Beef Goulash Pasta Side Salad or Regional Apple ri, o, bio, alc GIW, Gl, Ei, Sn	Baked Fish Dish White Wine Sauce Buttered Rice Carrot Salad nF, alc Sn, Sf, ML, Se, GIW, Gl, Fi, Ei
Essen 3	An der Kaffeebar gibt es: Pasta creations from our own pasta factory with various sauces and toppings Spaghetti Tomato-Pasta Linguine Tomato Sauce So, Gl, GIW, ML, Sn	An der Kaffeebar gibt es: Pasta creations from our own pasta factory with various sauces and toppings Side Salad or Regional Apple Gl, So, Sn, ML, GIW	An der Kaffeebar gibt es: Pasta creations from our own pasta factory with various sauces and toppings Side Salad or Regional Apple So, Gl, GIW, ML, Sn	Am Buffet gibt es: Create your own pizza 8, sch, 3, 6, 5, 4, ri Gl, GIW, ML, Sn, Se	Dessert ML
Wochenangebot	Breaded Pork Escalope or Vegetable Schnitzel Gravy Chips Side Salad or Regional Apple sch Se, Sn, GID, GIW, Gl	Breaded Pork Escalope or Vegetable Schnitzel Gravy Chips Side Salad or Regional Apple sch Se, Sn, GID, GIW, Gl	Breaded Pork Escalope or Vegetable Schnitzel Gravy Chips Side Salad or Regional Apple sch Sn, Gl, GID, GIW, Se	Breaded Pork Escalope or Vegetable Schnitzel Gravy Chips Side Salad or Regional Apple sch GIW, Se, Sn, Gl, GID	Breaded Pork Escalope or Vegetable Schnitzel Gravy Chips Side Salad or Regional Apple sch Gl, Sn, GID, GIW, Se
Buffet	Organic Asparagus Spears Hollandaise Sauce Potato Gratin Garlic breaded pork roll At choice: Meat, fish and vegan Specialties sch, o, bio Ei, Gl, GIW, ML, Se	Organic Asparagus Spears Hollandaise Sauce Potato Gratin Panfried Poultry Kebab At choice: Meat, fish and vegan Specialties bio, o Gl, Se, Ei, GIW, ML	Organic Asparagus Spears Hollandaise Sauce Pancakes At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable o, bio Se, ML, GIW, Ei, Gl	Organic Asparagus Spears Hollandaise Sauce Potato and Asparagus bake with smoked Salmon At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable bio, o ML, GIW, Gl, Fi, Ei, Se	Organic Asparagus Spears Hollandaise Sauce Pancakes Salmon At choice: Meat, fish and vegan Specialties o, bio Ei, Gl, Fi, Se, ML, GIW
Abendessen 1	Aubergine-Tomato Masala Yoghurt and Cucumber Dip Curried Rice Turkish Bread Side Salad from Buffet Sn, Sa, ML, GIW, Gl	Swabian Pasta Dish with Fresh Vegetables Mushroom Sauce Side Salad from Buffet So, Sn, Se, ML, GIW, Gl, Ei, GID	Soy Strips with fresh Mushrooms Penne Side Salad from Buffet Sn, Gl, GIW, ML, So	Vegetable Patties Pea Hummus Vegetable fried Rice Side Salad from Buffet alc, 5, 4 Sa, So, Sn, Sf, Se, GIW, Gl, Ei	Vegetarian Lasagne Tomato Ragout Pesto Side Salad from Buffet Se, Sn, So, ML, Gl, GIW
Abendessen 2	Chicken Shawarma Style Chips Side Salad from Buffet Sn	Turkey Shoulder Mashed Potato Side Salad from Buffet 6, 5 Sn, ML	Turkey Strips with fresh Mushrooms Penne Side Salad from Buffet Sn, Gl, GIW, ML	Pork Cordon Bleu Lemon Jus Potato Croquettes Side Salad from Buffet sch, 6, 5 Sn, ML, GIW, Gl	Lasagna with Organic Beef and Cheese Crust Tomato Ragout Pesto Side Salad from Buffet o, bio, ri Gl, Sn, Se, ML, GIW

 vegetarian

 vegan

 vegan by request

Additives labelling: alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 3: with flavor enhancers, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners

contains allergens: Ei: eggs, Fi: fish, Gl: glutenous grain, GID: spelt, GIG: barley, GIH: oat, GIR: rye, GIW: wheat, ML: dairy (-product), NC: cashew, Nu: edible nuts, Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy

Die Spuren der Allergene sind in der Kennzeichnung nicht berücksichtigt. Bitte beachten Sie diesbezüglich die gesonderten Allergenhinweise auf unserer Homepage. Änderungen vorbehalten. Bei Fragen hierzu wenden Sie sich gerne an unser Personal.

Die Preise sind auf dem Tagesplan ausgewiesen.