

Mensa Littenweiler

	Monday 06.05.	Tuesday 07.05.	Wednesday 08.05.	Thursday 09.05.	Friday 10.05.
Schneller Teller	Leek Noodles Smoked Salmon Sauce alc GIW,ML,Gl,Fi	Spicy Vegetables or Chilli con Carne Chips ri Se,Sn,So,Gl,GIW	Trocchetti Arabian Eggplant Dip Grated Cheese Side Salad or Regional Apple Sn,GIW,Gl,ML		Rice Pudding Vegan option at request + 0,50 € Wild Berry Grouts Sugar and Cinnamon So,ML
Essen 1	Texan Stirfry with Soy and Red Beans Vegan Mixed Peppers Dip Baked Potato Splits o,bio Sn,Sf,So	Potato Rosti Quark and Herbs Humous Side Salad or Regional Apple Er,ML,Sn,Sa	Swabian Lentil Dish Organic vienese Tofu Sausages Swabian Pasta Side Salad or Regional Apple bio,o Sn,So,Sf,Se,GIW,Gl,Ei		Vegetable Balls Tomato and Basil Ragout Swabian Herby Cheese Pasta Side Salad or Regional Apple Sn,Ei,Gl,GIW,ML
Essen 2	Regional Variety of Pork Shoulder Gravy Roast Potatoes White Cabbage Salad sch Sn,Sf,Gl,GIW	Organic Tofu Vegetables Patty Herb Pastasotto Mixed Vegetable Stirfry o,bio GIW,So,Gl	Merguez Mixed Peppers Dip Mediterranean Potato Stirfry Side Salad or Regional Apple ri,4,8,6,5 So,Sn,Sf,ML		Grilled mackerel Tomato and Zucchini Ragout Herby Potatoes nF Fi,Gl,GIW
Wochenangebot	Breaded Pork Escalope or Vegetable Schnitzel Gravy Chips Side Salad or Regional Apple sch GID,GIW,Se,Sn,Gl	Breaded Pork Escalope or Vegetable Schnitzel Gravy Chips Side Salad or Regional Apple sch Sn,Se,GIW,Gl,GID	Breaded Pork Escalope or Vegetable Schnitzel Gravy Chips Side Salad or Regional Apple sch Sn,Se,GIW,Gl,GID		Breaded Pork Escalope or Vegetable Schnitzel Gravy Chips Side Salad or Regional Apple sch Sn,Se,GIW,Gl,GID
Buffet	salad buffet Leaf salads with various dressings, dressed salads and fresh fruit Whole grain Roll 5,7,8,4 GIW,ML,Sa,Sf,Sn,So,GlR,Gl,GIG,GIH	salad buffet Leaf salads with various dressings, dressed salads and fresh fruit Whole grain Roll Leaf Salad Vinaigrette Dressing Yoghurt Dressing 8,5,4,7 GIW,GlR,GIH,GIG,Gl,ML,So,Sa,Sf,Sn	salad buffet Leaf salads with various dressings, dressed salads and fresh fruit Whole grain Roll Leaf Salad Vinaigrette Dressing Yoghurt Dressing 4,5,7,8 Gl,GIG,So,GlR,GIW,ML,Sa,Sf,Sn,GIH		salad buffet Leaf salads with various dressings, dressed salads and fresh fruit Whole grain Roll Leaf Salad, Vinaigrette Dressing Yoghurt Dressing Carrot Salad , Potato Salad 4,5,8,7 Sn,Sf,Sa,ML,So,Gl,GIG,GIH,GlR,GIW

vegetarian

vegan

vegan by request

Additives labelling: alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates

contains allergens: Ei: eggs, Er: peanut, Fi: fish, Gl: glutenous grain, GID: spelt, GIG: barley, GIH: oat, GlR: rye, GIW: wheat, ML: dairy (-product), Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy

Die Spuren der Allergene sind in der Kennzeichnung nicht berücksichtigt. Bitte beachten Sie diesbezüglich die gesonderten Allergenhinweise auf unserer Homepage. Änderungen vorbehalten. Bei Fragen hierzu wenden Sie sich gerne an unser Personal.

Die Preise sind auf dem Tagesplan ausgewiesen.