




# Mensa Rempartstraße

	Monday 12.08.	Tuesday 13.08.	Wednesday 14.08.	Thursday 15.08.	Friday 16.08.	Saturday 17.08.
<b>Tagesgericht</b>	Lentil-Beetroot-Salad Humous Halloumi Simit  So,Sn,Sf,Sa,ML,GIW,Gl,Er	Ravioli filled with Ricotta and Spinach Pearl Barley Risotto Pesto Sheep's Cheese Topping Side Salad  5 Gl,GIW,ML,Se,Sn,GI,GF,Sf	Mediterranean Pasta Salad Baguette  6,5,4 GIW,ML,Gl,So,Sf,Sn	Pan-Cooked Sweet Potatoes with Dates Yoghurt Dip Cucumber Dip Tomato-Cucumber-Tabbouleh Spicy Chickpeas  Sn,Se,ML,So	Mixed Salad with Tomato, Mozzarella and Basil Baguette  So,Sn,Sf,ML,GIW,Gl	
<b>Schneller Teller</b>	Penne Gorgonzola-Spinach Sauce and Cashew Nuts  Nu,GI,GIW,ML,NC	Vegetarian Swabian Pasta Potato Salad  Sn,Sf,Se,GIW,Ei,Gl	Swabian Herby Pasta Dish Tomato Ragout Grated Cheese  ML,GIW,Ei,Gl	Lentil Salad Beetroot Dip Turkish Bread  9,7,5 Nu,Sn,Sf,Sa,NM,ML,GIW,Gl	Vegetable fried Rice Sweet and Sour Chilli Sauce Crab Chips Hoisin Sauce  4,3,alc Sn,Gl,Er,So,GIW,Sf,Se,Sa,Kr	
<b>Essen 1</b>	Texan Stirfry with Soy and Red Beans Vegan Mixed Peppers Dip Country Potatoes  Sn,So,Sf,GIW,Gl	Baked Greek Cheese Harissa Dip Rosemary Roasted Potatoes Side Salad or Regional Apple  9 Sn,So,Sf,ML,GIW,Gl,Ei	Chard-Lentil-Curry with Lemon Balm Basmati Rice Naan Bread Side Salad or Regional Apple  GIW,Sn,Gl	Zucchini-Ricotta Balls Red Bell-Pepper Ragout Pastasotto Side Salad or Regional Apple  Sn,Gl,GI,ML,GIW,So,Ei	Colourful Tortellini Cheese Sauce Side Salad or Regional Apple  Sn,ML,GI,GIW	Stuffed Pepper Herbal Dip Herb Yoghurt Dip Vegetable Salad with Organic Couscous Side Salad or Regional Apple  o,bio Gl,GIW,So,Sn,Sf,ML,Se
<b>Essen 2</b>	Organic Hungarian Style Beef Goulash Swabian Pasta Needle Beans  o,bio,alc,ri Ei,GIW,Gl	Roast Turkey Cranberry Sauce Mashed Potato Broccoli  GIW,Gl,ML	Merguez Mixed Peppers Dip Mediterranean Potato Stirfry Side Salad or Regional Apple  ri,8,6,5,4 So,Sn,Sf,ML	Mini Spring Rolls Sweet and Sour Sauce Basmati Rice Side Salad or Regional Apple  So,Sn,Sf,Se,GIW,Gl	Pollack Filet in a Herb Marinade Lemon Cream Potato Rosti Pea and Potato Puree  nF Sn,So,Fi,ML,Sf	Traditional Swedish Meatballs Cranberry Sauce Swabian Pasta Side Salad or Regional Apple  ri,sch GIW,Gl,Ei,Sn
<b>Wochenangebot</b>	Curried Sausage or planted Sausage Chips Side Salad or Regional Apple  sch,ri,8 Sf,Lu,Sn	Curried Sausage or planted Sausage Chips Side Salad or Regional Apple  sch,ri,8 Lu,Sf,Sn	Curried Sausage or planted Sausage Chips Side Salad or Regional Apple  8,ri,sch Lu,Sf,Sn	Curried Sausage or planted Sausage Chips Side Salad or Regional Apple  sch,ri,8 Sn,Sf,Lu	Curried Sausage or planted Sausage Chips Side Salad or Regional Apple  ri,sch,8 Lu,Sn,Sf	
<b>Buffet</b>	Pork Shoulder Steak Quark and Herbs Rosemary Roasted Potatoes At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable  sch ML	Grilled Zander At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable Salad buffet  Fi	Hash Browns Quark and Herbs Apple Puree At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable  5 Ei,GI,GIW,ML	Pork Cordon Bleu Swabian Pasta At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable Salad buffet  6,5,sch ML,GIW,Gl,Ei	Merguez Roast Potatoes At choice: Meat, fish and vegan Specialties Pasta, Rice and Potato Varieties, Vegetable Salad buffet  ri,8,4,5	

	vegetarian		vegan		vegan by request
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**Additives labelling:** alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 3: with flavor enhancers, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners

**contains allergens:** Ei: eggs, Er: peanut, Fi: fish, Gl: glutenous grain, GI,GIW: barley, GIH: oat, GIW: wheat, Kr: crustacean, Lu: lupine, ML: dairy (-product), NC: cashew, NM: almond, Nu: edible nuts, Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy

Die Spuren der Allergene sind in der Kennzeichnung nicht berücksichtigt. Bitte beachten Sie diesbezüglich die gesonderten Allergenhinweise auf unserer Homepage. Änderungen vorbehalten. Bei Fragen hierzu wenden Sie sich gerne an unser Personal.

Die Preise sind auf dem Tagesplan ausgewiesen.