

Mensa Kehl

	Monday 13.05.	Tuesday 14.05.	Wednesday 15.05.	Thursday 16.05.	Friday 17.05.
Schneller Teller	● Solange Vorrat reicht Coconut Milk Soup with Beans, Corn and Noodles Turkish Bread Ei, GL, GIW, Sa, So	■ Vegetable-Apple Salad with Organic Quinoa Curry Dip Baguette 5, 6, bio, o GL, GIW, Sf, So, Sn		■ Solange Vorrat reicht Superfood Salad with Organic smoked Tofu Whole grain Roll 8, o, bio GL, GID, GLG, GIH, GIR, Sa, Se, Sn, So, GW	
Essen 1	● Regional Potato Dumpling and Vegetable Dish Herb Sauce Side Salad Dessert or Fruit Sn, Se, ML, GIW, Ei, GL	● Zucchini with Ratatouille Filling Stuffed Pepper Tomato Sauce Balkan Style Fried Rice Side Salad Sn, ML, Se, GIW, GL	● Puff pastry pasties Asparagus and Vegetable Ragout Salty Potatoes Side Salad Dessert or Fruit 4, bio, o ML, GIW, GL, Se, Sn	● Egg Omelette Buttered Potatoes French Roasted Vegetables Dessert or Fruit GL, GIW, ML, Ei	● Fusilli Pasta Mediterranean Vegetable Sauce Grated Hard Cheese Side Salad Dessert or Fruit Ei, GIW, ML, GL, Sn, Se
Essen 2	Non-breaded Pork Escalope Creamy Mushroom Sauce Swabian Pasta Side Salad Dessert or Fruit sch ML, GIW, GL, Ei, Sn	Turkey Strips Creamy Pepper Sauce Elbow Pasta Side Salad Dessert or Fruit 6 Sn, ML, GIW, GL, Ei	Meatloaf Cream Sauce Mashed Potato Creamy Vegetables Dessert or Fruit 8, 6, 5, sch Ei, GL, Sn, ML, GIW	Solange Vorrat reicht Beef Hamburger with Cheese, Tomato and Salad Chips Side Salad Dessert or Fruit 5, ri, 9 Sn, Sa, GIW, Ei, GL, GLG, ML	Potato Coated Alaska Pollack Filet Tomato Sauce Salty Potatoes Side Salad Dessert or Fruit nF Sn, GLW, GL, Fi
			Solange Vorrat reicht Mixed Salad Dish Nuremberger Sausage Potatoes filled with Cream Cheese French Roll Dessert or Fruit 5, sch GL, GIR, Sn, Sf, ML, GIW		Pork Escalope Vienna Style Gravy Chips Side Salad Dessert or Fruit sch GL, GIW, Sn

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vegetarian

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vegan

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vegan by request

Additives labelling: alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 3: with flavor enhancers, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 8: with phosphates, 9: with sweeteners

contains allergens: Ei: eggs, Fi: fish, GL: glutenous grain, GID: spelt, GLG: barley, GIH: oat, GIR: rye, GIW: wheat, ML: dairy (-product), Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy, We: mollusks

Die Spuren der Allergene sind in der Kennzeichnung nicht berücksichtigt. Bitte beachten Sie diesbezüglich die gesonderten Allergenhinweise auf unserer Homepage. Änderungen vorbehalten. Bei Fragen hierzu wenden Sie sich gerne an unser Personal.

Die Preise sind auf dem Tagesplan ausgewiesen.