

Mensa Kehl

	Montag 15.06.	Dienstag 16.06.	Mittwoch 17.06.	Donnerstag 18.06.	Freitag 19.06.
Tagesgericht	Salat & Bowl Aktion Lentil Salad Beetroots Dip Turkish Bread Side Salad or regional apple Gl,GlW,ML,NM,Nu,Sa,Sn	/	/	Salat & Bowl Aktion Mediterranean Pasta Salad with Spinach, Tomato and Mozzarella Chunks French Roll 6,7 Gl,GIR,GlW,ML,Sf,Sn	/
Essen 1	Spring Rolls Soy Sauce Basmati Rice Side Salad Dessert or Fruit Ei,Gl,So,Sn,GlW	Pasta Squares in Vegetable Stock Softened Onions Gravy Potato Salad Leaf Salad 5,4 Se,GlW,Gl,Sf,Sn	Turkish Pasta garlic yogurt Side Salad Dessert or Fruit 6,5,4 Gl,GH,GlW,Sn,So	Borek filled with Spinach ans Cheese Sesame Dip Rosemary Roasted Potatoes Side Salad Dessert or Fruit 5 Sn,Sa,Gl,GlW,ML	Broccoli Nut-wedges Herb Sauce Salty Potatoes Leaf Salad Dessert or Fruit 4 Gl,Ei,GlW,ML,NH,Nu,Sn
Essen 2	Beef Meatball Onion Sauce Mashed Potato Beans with bits of Bacon Dessert or Fruit sch,4,5,6,8,ri Ei,Gl,GlW,ML,Se,Sn	Parmesan Crusted Chicken Breast Tomato Sauce Spaghetti Side Salad Dessert or Fruit 8,4 GlW,Gl,Ei,ML,Sn,Se	Roast Beef Red Wine Sauce Potato Gratin Creamy Kohlrabi Dessert or Fruit 4,ri,alc GlW,Gl,ML,Sf	Panfried Pork Kebab Zaziki Chips Tomato Rice White Cabbage and Carrot Salad sch ML,Sn	Panfried Alaska Pollack Filet Remoulade Potato Salad with Cucumber Leaf Salad Dessert or Fruit 9,5,nF Ei,Fi,Sn,Sf,ML,Gl,GlW
Essen 3	/	Salat & Bowl Aktion Sausage Salad Roast Potatoes Dessert or Fruit 3,5,6,8,9,sch,ri ML,Sf,Sn,Ei	Salat & Bowl Aktion Korean dish with Soy, Vegetables, Rice and fried Egg Rice Sushi Style Kimchi - pickled Chinese Cabbage Fried Egg Side Salad 5,6 Ei,Gl,So,Sn,Sa,GlW,GlG	/	Pork Escalope Vienna Style Gravy Chips Side Salad Dessert or Fruit 4,sch Gl,Sn,GlW

vegetarian
 plant-based
 plant-based by request

Additives labelling: 3: with flavor enhancers, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners, alc: with alcohol, nF: from sustainable fisheries, ri: with beef, sch: with pork

contains allergens: Ei: eggs, Fi: fish, Gl: glutenous grain, GlG: barley, GlH: oat, GlR: rye, GlW: wheat, ML: dairy/lactose, NH: hazelnut, NM: almond, Nu: edible nuts, Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy

Die Spuren der Allergene sind in der Kennzeichnung nicht berücksichtigt. Bitte beachten Sie diesbezüglich die gesonderten Allergenhinweise auf unserer Homepage. Änderungen vorbehalten. Bei Fragen hierzu wenden Sie sich gerne an unser Personal.

Die Preise sind auf dem Tagesplan ausgewiesen.