

Mensa Lörrach

	Monday 22.04.	Tuesday 23.04.	Wednesday 24.04.	Thursday 25.04.	Friday 26.04.
Essen 1	Spicy Vegetables Almond Rice	Bulgur with Zucchini and Tomato Yoghurt and Cucumber Dip	Organic Penne Greek Cheese Gorgonzola Sauce Mixes Carrots with Black Salsify and Beans	Spinach and Feta Strudel Herb Yoghurt Dip Bulgur	Spinach and Sweet Potato Curry Basmati Rice
Studierende, Schüler	3,45 €				
Beschäftigte	5,00 €				
Gäste	8,05 €				
			o,bio		
Essen 2	Swabian Lentil Dish Swabian Pasta A pair of Viennese Sausages	Vegetable Gnocci Stirfry Roast Chicken Pieces	Battered Alaska Pollack Remoulade Potato Salad	Beef Strips Stroganoff Vegetable Rice	Blue Whiting Fillet in Crispy Breeding Remoulade Roast Potatoes
Studierende, Schüler	3,75 €				
Beschäftigte	5,40 €				
Gäste	8,35 €				
	sch,5,6	8	nF,4,5,6,9	alc,9,ri,5	5,9
Essen 3	Lemon Chicken Hash Brown Croquettes	Big Hamburger Big Chips	Chili Chicken Cream Sauce with Ruccola and Tomatoes Fusilli Pasta	Pork Cordon Bleu Swabian Pasta	Meatball
Studierende, Schüler	4,15 €				
Beschäftigte	5,80 €				
Gäste	8,75 €				
		ri,5,9	6,4	sch,5,6	ri,sch

vegetarisch

vegan

auf Wunsch vegan

677 Kennzeichnungen: alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 3: with flavor enhancers, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners, 18: containing a source of phenylalanine