

Mensa Trossingen

	Monday 22.04.	Tuesday 23.04.	Wednesday 24.04.	Thursday 25.04.	Friday 26.04.
Essen 1	■ Red cauliflower-Curry with Chickpeas Basmati Rice Side Salad or Regional Apple	● Greek Style Pancake filled with Feta and Spinach Zaziki Rosemary Roasted Potatoes Bean Stirfry Side Salad or Regional Apple	● Potato and Vegetable Bake Wild Garlic Sauce Baby Carrots	■ Texan Stirfry with vegetarian Fillet Strips Spring Onion Dip Bulgur with Zucchini and Tomato Side Salad or Regional Apple	● Vegetarian Swabian Pasta Onion Sauce Potato Salad Side Salad or Regional Apple
Studierende, Schüler	3,25 €				
Beschäftigte	6,90 €				
Gäste	6,90 €	bio,o		5	5
Essen 2	Chicken Breast Fillet Tomato Sauce Organic Rigatonelli Mixes Carrots with Black Salsify and Beans	Sliced Chicken Breast in Savoy-Bacon Sauce with Mushrooms Mashed Potato Side Salad or Regional Apple	Bell Pepper filled with Mincemeat Creamy Pepper Sauce Buttered Rice Peas	Chili Chicken Cream Sauce with Ruccola and Tomatoes Organic Fusilli Pasta Broccoli	Breaded Plaice Filet Horseradish Dip Potato Salad with Cucumber Side Salad or Regional Apple
Studierende, Schüler	3,25 €				
Beschäftigte	6,90 €				
Gäste	6,90 €	bio,o	8,7,6,5,sch	ri,6,sch	6,4,o,bio
					nF,4,5,7,9

● vegetarisch ■ vegan ▧ auf Wunsch vegan

Kennzeichnungen: alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners, 24: with cheese from raw milk