

Mensa Trossingen

	Monday 15.04.	Tuesday 16.04.	Wednesday 17.04.	Thursday 18.04.	Friday 19.04.
Essen 1	<ul style="list-style-type: none"> ● Vegetable fried Rice Raita Organic Tofu Peanuts Dices Side Salad or Regional Apple <p style="text-align: right;">o,bio,alc Er,Gl,So,Sn,Sf,Se,ML,GlW</p>	<ul style="list-style-type: none"> ■ Pan-Cooked Sweet Potatoes with Dates Bulgur with Zucchini and Tomato Mixes Carrots with Black Salsify and Beans <p style="text-align: right;">GlW,Gl,Se</p>	<ul style="list-style-type: none"> ■ Organic Linguine Vegetarian Bolognese Sauce Mixes Carrots with Black Salsify and Beans <p style="text-align: right;">bio,o Se,GlW,Gl</p>	<ul style="list-style-type: none"> ● Crispy Polenta and Spinach Parcels Vegetable Curry in Spicy Coconut Sauce Brown Rice Side Salad or Regional Apple <p style="text-align: right;">Ei,Gl,GlW,ML,Se,Sn,So</p>	<ul style="list-style-type: none"> ● Sweet Potato Gnocchi with Wild Garlic Butter and Parmesan Soy Strips Tomato and Olive Ragout Side Salad or Regional Apple <p style="text-align: right;">24,5 Sn,ML,GlW,Gl,So</p>
Essen 2	<ul style="list-style-type: none"> Tortellini con Carne Grated Hard Cheese BBQ Sauce Romanesco Vegetables <p style="text-align: right;">ri,9 So,Sn,Se,ML,GlG,Gl,Ei,GlW</p>	<ul style="list-style-type: none"> Roasted Minced Poultry Balkan Style Ajvar Creamy Pepper Sauce Balkan Style Fried Rice Balkan Vegetables <p style="text-align: right;">6 GlW,Sn,Gl,Ei,ML</p>	<ul style="list-style-type: none"> Roasted Pork Loin Cream Sauce Organic Spätzle Pasta Mixed Vegetables <p style="text-align: right;">sch,bio,o ML,GlW,Gl,Ei</p>	<ul style="list-style-type: none"> Nuremberger Sausage Onion Sauce Mashed Potato Sauerkraut <p style="text-align: right;">5,alc,sch Gl,GlW,ML</p>	<ul style="list-style-type: none"> Baked Fish Dish Mustard and Dill Sauce Parsley Potatoes Leaf Spinach <p style="text-align: right;">nF Sn,ML,GlW,Gl,Fi</p>

● vegetarian ■ vegan ▩ vegan by request

Additives labelling: alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners, 24: with cheese from raw milk

contains allergens: Ei: eggs, Er: peanut, Fi: fish, Gl: glutenous grain, GlG: barley, GlW: wheat, ML: dairy (-product), Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy

Die Spuren der Allergene sind in der Kennzeichnung nicht berücksichtigt. Bitte beachten Sie diesbezüglich die gesonderten Allergenhinweise auf unserer Homepage. Änderungen vorbehalten. Bei Fragen hierzu wenden Sie sich gerne an unser Personal.

Die Preise sind auf dem Tagesplan ausgewiesen.