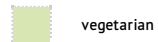


# Mensa Trossingen

	Monday 27.01.	Tuesday 28.01.	Wednesday 29.01.	Thursday 30.01.	Friday 31.01.
<b>Essen 1</b>	Pumpkin-Brussel Sprout-Stew Pumpkin Seeds Rice with Corn Side Salad or Regional Fruit Sn,ML	Bulgur with Zucchini and Tomato Ruccola and Sweet Potato Slices Tomato Sauce Side Salad or Regional Fruit GLW,GIG,Gl,Sn	Spicy Vegetables Organic Wholemeal Penne Side Salad or Regional Fruit So,Sn,Se,GlW,Gl	Swabian Cheese Pasta Roast Onion Cream Sauce Side Salad or Regional Fruit Sn,ML,GlW,Gl,Ei <sup>4</sup>	Parsnip-Turnip Hash Browns Cream Sauce with Ruccola and Tomatoes Mediterranean Potato Stirfry Side Salad or Regional Fruit Ei,Gl,GlH,GlW,ML,Sn
<b>Essen 2</b>	Organic-Spaghetti Bolognese Sauce Grated Hard Cheese Green Bean ri ML,Se,Gl,GlW	Schnitzel with Cheese and Onions Cream Sauce Organic Spätzle Pasta Peas sch,8,7,5,6 Gl,GlW,ML,Sf,Sn,Ei	Pork Cordon Bleu Chive Sauce Roast Potatoes Mixed Peas, Carrots and Asparagus 6,sch,5 ML,GlW,Gl	Beef Strips Stroganoff Buttered Rice Rustico Carrots alc,9,ri,5 ML,GlW,Gl	Baked Fish Dish Mustard Sauce Mashed Potato Carrots and Peas nF Fi,Gl,GlW,ML,Sn



vegetarian



vegan



vegan by request

**Additives labelling:** alc: with alcohol, nF: from sustainable fisheries, ri: with beef, sch: with pork, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners

**contains allergens:** Ei: eggs, Fi: fish, Gl: glutenous grain, GIG: barley, GlH: oat, GlW: wheat, ML: dairy (-product), Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy

Die Spuren der Allergene sind in der Kennzeichnung nicht berücksichtigt. Bitte beachten Sie diesbezüglich die gesonderten Allergenhinweise auf unserer Homepage. Änderungen vorbehalten. Bei Fragen hierzu wenden Sie sich gerne an unser Personal.

Die Preise sind auf dem Tagesplan ausgewiesen.