

Mensa Gengenbach

	Monday 04.12.	Tuesday 05.12.	Wednesday 06.12.	Thursday 07.12.	Friday 08.12.
Essen 1 Students: 3,90 € Staff: 5,25 € Guests: 8,00 € Scholars: 5,20 €	● Swabian Pasta Dish with Fresh Vegetables White Sauce Side Salad or Regional Apple Ei, GLW, So, ML, Se, Sn, Gl	■ Vegetable Cutlet Broccoli Sauce Roast Potatoes Side Salad or Regional Apple o, bio GLW, Gl, So, Sn, GlH	■ Aglio Spaghetti with Sun-dried Tomatoes Side Salad or Regional Apple 5 Gl, Sf, Sn, GLW	● Spring Rolls Spicy Chillidip Brown Rice Chinese Vegetables 9,5 So, Sn, Gl, GLW, GlG, ML, Ei	■ All menues come with Dessert or Fruit
Essen 2 Students: 3,90 € Staff: 5,25 € Guests: 8,00 € Scholars: 5,20 €	Panfried Turkey Escalope Lemon Jus Chips Side Salad or Regional Apple Sn, Gl, GLW	■ Penne Pasta with Carrot Strips Soy Bolognese Organic Sunflower seeds Side Salad or Regional Apple o, bio So, Sn, GLW, Gl, Se	Traditional Swedish Meatballs Creamy Cranberry Sauce Herby Potatoes Cauliflower ri, sch ML, GLW, Gl, Ei	Grilled wild Salmon Buttery Lemon Sauce Elbow Pasta Mixed Carrots with Broccoli and Beans nF ML, GLW, GlG, Gl, Fi, Ei, Sn	■ All menues come with Dessert or Fruit

● vegetarian ■ vegan ▣ vegan by request

Additives labelling: alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 8: with phosphates, 9: with sweeteners

contains allergens: Ei: eggs, Er: peanut, Fi: fish, Gl: glutenous grain, GlG: barley, GlH: oat, GLW: wheat, ML: dairy (-product), NM: almond, Nu: edible nuts, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy

Die Spuren der Allergene sind in der Kennzeichnung nicht berücksichtigt. Bitte beachten Sie diesbezüglich die gesonderten Allergenhinweise auf unserer Homepage. Änderungen vorbehalten. Bei Fragen hierzu wenden Sie sich gerne an unser Personal.