

Mensa Offenburg

	Monday 13.05.	Tuesday 14.05.	Wednesday 15.05.	Thursday 16.05.	Friday 17.05.
Essen 1	Vegetable Lasagna Tomato Sugo Side Salad or Regional Apple 5 ML,GIW,Gl,Ei,Se,Sn	Spaghetti Soy Bolognese Organic Sunflower seeds Side Salad or Regional Apple bio,o Sn,So,Gl,GIW,Se	Salat & Bowl Falafel-Bowl Mojo Dip Organic Quinoa with Vegetables Sweet Potatoe Chips Cauliflower Salad bio,o,9,5 So,Sn,Ei,Gl,GI,GIW,GIW,Sf,Se	Salat & Bowl Mixed Salad Dish Plant Based Crispy-Nuggets Cocktail Sauce Baguette 9,5,7 GI,Gl,Ei,Sf,So,Sn,ML,GIW	Stuffed Pepper Cucumber-Tomato Dip Balkan Style Fried Rice Side Salad or Regional Apple Se,GIW,Gl,Sn
Essen 2	Salat & Bowl Caesar Salad with Pasta and Croutons Hard Cheese Chicken Breast Fillet 9,6,24,5 GIW,ML,Se,Sf,Sn,GI,Gl,Fi,Ei	Salat & Bowl Greek Salad Soy Kebab Dish Zaziki Turkish Bread 5 GIW,Gl,So,ML,Sn,Sf,Sa	Salat & Bowl Roasted Swabian Filled Pasta Gravy Potato Salad Side Salad or Regional Apple sch,5 Sn,Sf,Se,GIW,Gl,Ei	Alaska Sesame Coated Pollack Filet Remoulade Salty Potatoes Cucumber Salad 9,nF,5 Ei,Fi,Gl,GI,GIW,ML,Sn,Sa	Turkey Goulash Fusilli Pasta Side Salad or Regional Apple Sn,Ei,Gl,GIW
Buffet	in the free flow at choice Salad buffet Meat, fish and vegan Specialties, side dishes, vegetables	in the free flow at choice Salad buffet Meat, fish and vegan Specialties, side dishes, vegetables	in the free flow at choice Salad buffet Meat, fish and vegan Specialties, side dishes, vegetables	in the free flow at choice Salad buffet Meat, fish and vegan Specialties, side dishes, vegetables	in the free flow at choice Salad buffet Meat, fish and vegan Specialties, side dishes, vegetables

vegetarian

vegan

vegan by request

Additives labelling: alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 5: with antioxidants, 6: with preservatives, 7: sulfured, 9: with sweeteners, 24: with cheese from raw milk

contains allergens: Ei: eggs, Fi: fish, Gl: glutenous grain, GI: barley, GIW: wheat, ML: dairy (-product), Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy

Die Spuren der Allergene sind in der Kennzeichnung nicht berücksichtigt. Bitte beachten Sie diesbezüglich die gesonderten Allergenhinweise auf unserer Homepage. Änderungen vorbehalten. Bei Fragen hierzu wenden Sie sich gerne an unser Personal.

Die Preise sind auf dem Tagesplan ausgewiesen.