Mensa Schwenningen

	Montag 19.10.	Dienstag 20.10.	Mittwoch 21.10.	Donnerstag 22.10.	Freitag 23.10.
Essen 1	■ Pumpkin Curry with Soy Chunks Rosemary Roasted Potatoes Side Salad or apple So,Sn,GlW,GlH,Gl	■ Lentils-Bolognese Parsley Pesto Organic Wholemeal Penne Side Salad or apple Gl,Sn,Se,GlW	■ Plantbased Cevapcici Ajvar Tomato- Aubergine Rice Side Salad or apple Sn,GlW,GlH,Gl	● Regional Potato Dumplings with Sauerkraut Cream Sauce Side Salad or apple alc Ei,Gl,GlW,ML,Sf,Sn	● Falafel Mango Chutney Bulgurpilaw Side Salad or apple 5 Sf,Sn,GlW,Gl,Ei
Essen 2	Tortellini con Carne Mediterranean Vegetable Sauce Black Beans and Corn Grated Hard Cheese ri Se,ML,GlW,Gl,Ei	● Vegetable Gnocci Stirfry Curry Sauce Romanesco Vegetables Side Salad or apple 5 Se,ML,GlW,Gl,Sn	Regional Variety of Pork Shoulder Gravy Mashed Potato Sauerkraut alc,sch,6,5,8 GlW,ML,Sf,Gl	BBQ Steak Country Potatoes Three Types of Beans 4,sch Gl,GlW,Se,Sn,So	Baked Fish Dish Mustard and Dill Sauce Herby Potatoes Carrots nF Fi,Gl,GlW,ML,Sn
			● Pancakes with Raisins Apple Puree Sugar and Cinnamon Side Salad or apple 5 Sn,ML,GlW,Gl,Ei		
Wochenangebot	◪ Curried Sausage or Plantbased Sausage Chips Leaf Salad 5,sch,8 So,Sn,Sf,Se,ML	◪ Curried Sausage or Plantbased Sausage Chips Leaf Salad sch,8,5 So,Sn,Sf,Se,ML	◪ Curried Sausage or Plantbased Sausage Chips Leaf Salad 5,8,sch So,Sn,Sf,Se,ML	◪ Curried Sausage or Plantbased Sausage Chips Leaf Salad 5,8,sch ML,Se,Sf,Sn,So	
Wochenangebot	◪ Burger variations Hamburger, Cheeseburger Chickenburger, Falafel Burger, Salmon Burger Leaf Salad ri,gfl GlW,ML,Sa,GlH,GlG,Sn,Fi,Se,Gl	◪ Burger variations Hamburger, Cheeseburger Chickenburger, Falafel Burger, Salmon Burger Leaf Salad gfl,ri Sn,Se,Sa,Fi,GlW,GlH,GlG,Gl,ML	◪ Burger variations Hamburger, Cheeseburger Chickenburger, Falafel Burger, Salmon Burger Leaf Salad gfl,ri Fi,Gl,GlG,GlH,GlW,ML,Sa,Se,Sn	◪ Burger variations Hamburger, Cheeseburger Chickenburger, Falafel Burger, Salmon Burger Leaf Salad gfl,ri Sn,Se,Sa,ML,GlW,GlH,GlG,Fi,Gl	

● vegetarian ■ plant-based ◪ plant-based by request

Additives labelling: 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 8: with phosphates, alc: with alcohol, gfl: with chicken, nF: from sustainable fisheries, ri: with beef, sch: with pork

contains allergens: Ei: eggs, Fi: fish, Gl: glutenous grain, GlG: barley, GlH: oat, GlW: wheat, ML: dairy/lactose, Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy

Die Spuren der Allergene sind in der Kennzeichnung nicht berücksichtigt. Bitte beachten Sie diesbezüglich die gesonderten Allergenhinweise auf unserer Homepage. Änderungen vorbehalten. Bei Fragen hierzu wenden Sie sich gerne an unser Personal.

Die Preise sind auf dem Tagesplan ausgewiesen.