

# Mensa Schwenningen

	Monday 20.03.	Tuesday 21.03.	Wednesday 22.03.	Thursday 23.03.	Friday 24.03.
<b>Essen 1</b>  Studierende, Schüler 3,45 € Beschäftigte 4,75 € Gäste 6,90 €	● Mexican Potatoe-Bean-Hotpot with Double-baked Tomato and Mozzarella Lemon-Wild Garlic Sauce Side Salad or Regional Apple	■ STUDY & FIT Soy Kebab Dish Zaziki Brown Rice Side Salad or Regional Apple	■ STUDY & FIT Kale-Hemp-Balls Pan-cooked sweet Potatoes with Cauliflower Ajvar Side Salad or Regional Apple	● Regional Potato Dumplings Sauerkraut Cream Sauce Side Salad or Regional Apple	● Bread Dumpling Mushroom Ragout Side Salad or Regional Apple
<b>Essen 2</b>  Studierende, Schüler 3,45 € Beschäftigte 4,75 € Gäste 6,90 €	STUDY & FIT Turkey Strips Vegetable Curry in Spicy Coconut Sauce Lentil- Rice with fried Onions Needle Beans Side Salad or Regional Apple	Nuremberger Sausage Onion Sauce Mashed Potato Sauerkraut	● Swabian Cheese Pasta Roast Onion Cream Sauce Side Salad or Regional Apple	STUDY & FIT Roast Chicken Leg Hungarian Style Buttered Rice Peas	STUDY & FIT Battered Alaska Pollack Pumpkin Ragout Sweet & Sour Basmati Rice Side Salad or Regional Apple
Studierende, Schüler 3,45 € Beschäftigte 4,75 € Gäste 6,90 €	□	□	Swabian Lentil Dish Organic Spätzle Pasta A pair of Viennese Sausages Side Salad or Regional Apple	● Filled Yeast Dumpling with Plum Sauce Vanilla Sauce Poppy Seed Butter Side Salad or Regional Apple	Turkey Strips Zurich Style Potato Dumplings Carrots and Peas
<b>Wochenangebot</b>  Studierende, Schüler 3,70 € Beschäftigte 5,10 € Gäste 6,90 €	▣ Breaded Pork Escalaope French Fries Side Salad	▣ Breaded Pork Escalaope French Fries Side Salad	▣ Breaded Pork Escalaope French Fries Side Salad	▣ Breaded Pork Escalaope French Fries Side Salad	□
<b>Wochenangebot</b>  Studierende, Schüler 4,55 € Beschäftigte 5,95 € Gäste 7,65 €	Chicken Wings French Fries Side Salad	Chicken Wings French Fries Side Salad	Chicken Wings French Fries Side Salad	Chicken Wings French Fries Side Salad	□

● vegetarisch    ■ vegan    ▣ auf Wunsch vegan

**Kennzeichnungen:** alc: with alcohol, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 8: with phosphates