




Mensa Schwenningen

	Monday 20.03.	Tuesday 21.03.	Wednesday 22.03.	Thursday 23.03.	Friday 24.03.
Essen 1 Studierende, Schüler 3,45 € Beschäftigte 4,75 € Gäste 6,90 €	Mexican Potatoe-Bean-Hotpot with Double-baked Tomato and Mozzarella Lemon-Wild Garlic Sauce Side Salad or Regional Apple	STUDY & FIT Soy Kebab Dish Zaziki Brown Rice Side Salad or Regional Apple	STUDY & FIT Kale-Hemp-Balls Pan-cooked sweet Potatoes with Cauliflower Ajvar Side Salad or Regional Apple	Regional Potato Dumplings Sauerkraut Cream Sauce Side Salad or Regional Apple	Bread Dumpling Mushroom Ragout Side Salad or Regional Apple
			5	alc	
Essen 2 Studierende, Schüler 3,45 € Beschäftigte 4,75 € Gäste 6,90 €	STUDY & FIT Turkey Strips Vegetable Curry in Spicy Coconut Sauce Lentil- Rice with fried Onions Needle Beans Side Salad or Regional Apple	Nuremberger Sausage Onion Sauce Mashed Potato Sauerkraut	Swabian Cheese Pasta Roast Onion Cream Sauce Side Salad or Regional Apple	STUDY & FIT Roast Chicken Leg Hungarian Style Buttered Rice Peas	STUDY & FIT Battered Alaska Pollack Pumpkin Ragout Sweet & Sour Basmati Rice Side Salad or Regional Apple
			alc,sch,5	o	nF
Studierende, Schüler 3,45 € Beschäftigte 4,75 € Gäste 6,90 €	□	□		Swabian Lentil Dish Organic Spätzle Pasta A pair of Viennese Sausages Side Salad or Regional Apple	Filled Yeast Dumpling with Plum Sauce Vanilla Sauce Poppy Seed Butter Side Salad or Regional Apple
				5,6,sch,o	alc
Wochenangebot Studierende, Schüler 3,70 € Beschäftigte 5,10 € Gäste 6,90 €	Breaded Pork Escalaoepe French Fries Side Salad	Breaded Pork Escalaoepe French Fries Side Salad	Breaded Pork Escalaoepe French Fries Side Salad	Breaded Pork Escalaoepe French Fries Side Salad	□
	sch	sch	sch	sch	
Wochenangebot Studierende, Schüler 4,55 € Beschäftigte 5,95 € Gäste 7,65 €	Chicken Wings French Fries Side Salad	Chicken Wings French Fries Side Salad	Chicken Wings French Fries Side Salad	Chicken Wings French Fries Side Salad	□
	5	5	5	5	

 vegetarisch
  vegan
  auf Wunsch vegan

671 Kennzeichnungen: alc: with alcohol, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 8: with phosphates

Bio-zertifiziert: DE-ÖKO-005