


Mensa Schwenningen

| | Monday 02.10. | Tuesday 03.10. | Wednesday 04.10. | Thursday 05.10. | Friday 06.10. |
|---|--------------------------|--------------------------|--|---|--|
| Studierende, Schüler 3,45 € Beschäftigte 4,75 € Gäste 6,90 € | <input type="checkbox"/> | <input type="checkbox"/> | STUDY & FIT Borek filled with Spinach Leaf Spinach Cucumber Dip Mixed Bean Salad | STUDY & FIT Noodles with Sesame and Vegetables Organic Tofu with Ginger Side Salad or Regional Apple | Swabian Cheese Pasta Roast Onion Cream Sauce Side Salad or Regional Apple |
| | | | 5 | alc,o,bio,4 | bio,o |
| Studierende, Schüler 3,45 € Beschäftigte 4,75 € Gäste 6,90 € | <input type="checkbox"/> | <input type="checkbox"/> | Macaroni with Ham Tomato Sauce Grated Cheese Mixed Carrots with Broccoli and Beans | Bell Pepper filled with Mincemeat Creamy Pepper Sauce Venetian Rice with Peas Side Salad or Regional Apple | STUDY & FIT Grilled wild Salmon Olive and Tomato Sauce Mashed Potato Zucchini Ragout Side Salad or Regional Apple |
| | | | 5,6,8,sch | ri,sch,6 | 5,nF |
| Studierende, Schüler 3,45 € Beschäftigte 4,75 € Gäste 6,90 € | <input type="checkbox"/> | <input type="checkbox"/> | | Hash Browns Apple Puree Sugar and Cinnamon Side Salad or Regional Apple | <input type="checkbox"/> |
| | | | | 5 | |
| Studierende, Schüler 3,70 € Beschäftigte 5,10 € Gäste 6,90 € | <input type="checkbox"/> | <input type="checkbox"/> | Breaded Pork Escalaope French Fries Side Salad | Breaded Pork Escalaope French Fries Side Salad | <input type="checkbox"/> |
| | | | sch | sch | |
| Studierende, Schüler 4,55 € Beschäftigte 5,95 € Gäste 7,65 € | <input type="checkbox"/> | <input type="checkbox"/> | Chicken Wings French Fries Side Salad | Chicken Wings French Fries Side Salad | <input type="checkbox"/> |
| | | | 5 | 5 | |

 vegetarisch

 vegan

 auf Wunsch vegan

671 Kennzeichnungen: alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 8: with phosphates, 9: with sweeteners