

Mensa Schwenningen

	Monday 05.06.	Tuesday 06.06.	Wednesday 07.06.	Thursday 08.06.	Friday 09.06.
Essen 1 Students, scholars: 3,45 € Staff: 4,75 € Guests: 6,90 €	STUDY & FIT Pan-Cooked Sweet Potatoes with Dates Arabian Eggplant Dip Side Salad or Regional Apple Gl,Se,GIW	Organic Asparagus Ragout Hollandaise Sauce Pancakes Side Salad or Regional Apple bio,o GIW,ML,Ei,Gl,Se	Swabian Herby Pasta Dish Tomato Ragout Grated Cheese Mixed Peas, Carrots and Asparagus o,bio ML,GIW,GLEi	<input type="checkbox"/>	<input type="checkbox"/>
Essen 2 Students, scholars: 3,45 € Staff: 4,75 € Guests: 6,90 €	Organic Rigatonelli White Kohlrabi Walnut Bolognese Grated Cheese Broccoli 6,o,bio Ei,Gl,GIW,NW,Nu,So,ML	STUDY & FIT Pork Steak with Onion and Mustard Crust Cream Sauce Organic Spätzle Pasta Needle Beans bio,o,sch,7,5 Sn,Sf,GIW,ML,Ei,Gl	STUDY & FIT Wild Salmon Filet Fresh Organic Asparagus Herb Butter Herby Potato Puree Side Salad or Regional Apple nF,bio,o Se,ML,Fi,Ei	<input type="checkbox"/>	<input type="checkbox"/>
Students, scholars: 3,45 € Staff: 4,75 € Guests: 6,90 €	<input type="checkbox"/>	<input type="checkbox"/>	Austrian Style Pancakes Plum Compote Sugar and Cinnamon Side Salad or Regional Apple Ei,Gl,GIW,ML	<input type="checkbox"/>	<input type="checkbox"/>
Wochenangebot Students, scholars: 3,70 € Staff: 5,10 € Guests: 6,90 €	Curried Sausage or Veggie Sausage Chips Leaf Salad 5,8,sch Ei,Gl,GIW,ML,Se,Sf,Sn,So	Curried Sausage or Veggie Sausage Chips Leaf Salad sch,8,5 So,Sn,Se,ML,GIW,Gl,Ei,Sf	Curried Sausage or Veggie Sausage Chips Leaf Salad sch,5,8 ML,Se,Sf,Sn,So,Ei,Gl,GIW	<input type="checkbox"/>	<input type="checkbox"/>
Wochenangebot Students, scholars: 4,25 € Staff: 4,85 € Guests: 6,30 €	Burger variations Hamburger, Cheeseburger Chickenburger, Falafelburger Salmonburger Side Salad ri,5,6 Sn,Ei,Fi,Se,GI,GIH,GIW,ML,Sa,Gl	Burger variations Hamburger, Cheeseburger Chickenburger, Falafelburger Salmonburger Side Salad ri,6,5 Sn,Se,Sa,ML,GIW,GIH,Gl,Fi,Ei,GI	Burger variations Hamburger, Cheeseburger Chickenburger, Falafelburger Salmonburger Side Salad 5,6,ri Ei,Fi,GI,GI,GIW,ML,Sa,Se,Sn,GIH	<input type="checkbox"/>	<input type="checkbox"/>

vegetarian vegan vegan by request

Additives labelling: alc: with alcohol, bio: bio - organic, nF: from sustainable fisheries, o: main ingredient of bio-signed component is organic, ri: with beef, sch: with pork, 4: with colouring agent, 5: with antioxidants, 6: with preservatives, 7: sulfured, 8: with phosphates, 9: with sweeteners

contains allergens: Ei: eggs, Fi: fish, Gl: glutenous grain, GI: barley, GIH: oat, GIW: wheat, ML: dairy (-product), NW: walnut, Nu: edible nuts, Sa: sesame, Se: celery, Sf: sulfur dioxide/ sulfite, Sn: mustard, So: soy