Rules / Hygiene concept for
hikes of the Studierendenwerk Freiburg

- Participation only for students with pre-registration (list of participants will be kept by the hike leaders).
- Participation only for those who have been fully vaccinated, have recovered and have been tested.
  o Anyone who has received the necessary vaccinations (usually two) and has allowed 14 days to elapse is considered vaccinated. For vaccinated persons, a vaccination certificate on paper or in digital form is required.
  o A recovered person is one who has recovered from Covid-19 at least 28 days ago. If the illness was more than six months ago, you are no longer considered recovered. Those who have recovered require proof of previous infection. The PCR test should be at least 28 days and no more than six months ago.
  o Those persons are considered to have been tested if a negative PCR test or a negative (antigen) rapid test was detected by trained personnel or a negative (antigen) self-test was monitored by trained personnel.
  o All persons to whom this does not apply can unfortunately not participate in the walks.
- Familiar contact rituals are to be refrained from; e.g. shaking hands, hugging, offering a drink bottle to others, etc.
- Mouth-nose protection must be carried, as it is needed for emergencies (first aid) or public transport, etc.
- Stopping in cafés or restaurants during the hike is only possible if the current Corona regulations allow it, so please remember to bring a day's ration of food and drink with you.
- No physical contact (keep a distance of at least 1.5-2 m, even during breaks).
- On narrow paths, walk behind each other with at least 2 m distance;
  When passing other people, avoid them to the side or, if necessary, put on mouth/nose coverings.
- Avoid heavily frequented areas
Public transport costs are not included in the price. Please obtain the appropriate ticket in advance or use your semester ticket.

(as of 25.05.21)